

## Self Tort

### BAND STORY

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Self Tort is the alter ego of Brian Ralston. I played lead guitar in a band called "Sirrah" in the 70s, then came work, marriage and children. In the 90s I formed a pick-up band for what was intended to be a one-off gig, but we had fun and stayed together under the name "Mid Life Crisis" for a few years. By the time the band was petering out I had got the taste and decided to continue as a 1-man band.

I got the opportunity to play a couple of sets at my local pub and was booked for a monthly residency that has continued now for some 8 years.

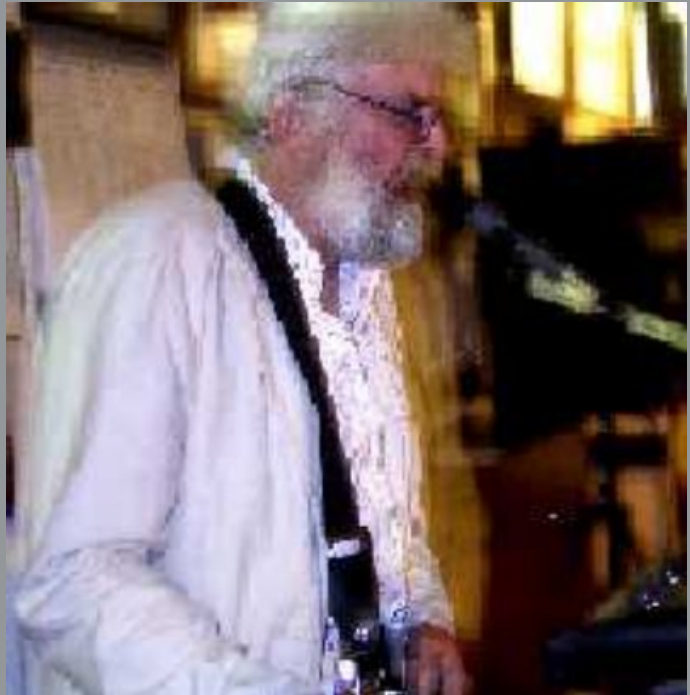
I had written a couple of songs in Sirrah and had continued to dabble in songwriting but without much focus. After becoming Self Tort I decided to pursue writing more seriously and eventually released my debut CD "N.I.C" in about 2006. I have been a member of a number of OMD sites which has encouraged me to pursue writing and recording more seriously. I have been involved in a number of internet collaborations with artists such as Lex Zaleta, Alexis Van Eeckhout, Carol Douglas, Red Eye C, Shyonen, Rob Favre, Loren Risker, Keith Trimm. I have recently been collaborating with Gary Carciello and Doctor C and we have a number of tracks which we have recorded under the name "CrC".

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### LATEST NEWS

The Meltdown - What a blast



Heading for Atlanta



### STATS

Visits	Plays
7,243	2,318
Streams	Downloads
2,046	272

### Featured Songs

-  **One Hour With You** Swing
-  **Can't Stop Thinking About You** Rock

Hit the shores of the USA last Monday. I'm heading down to New Orleans today for the weekend and then intend to hire a car to drive to the Meltdown in Snellville. Looking forward to it. Anyone interested in playing bass for some songs in my set. RS Cain is going to be playing guitar and Bri-an drums. I'll grab a keyboard or a guitar is there's a spare one hanging around, but some bass would be nice. Can get you charts of the songs. Any takers?

Look forward to catching up with all who attend.

Cheers

BTW I'll be heading from New Orleans via Memphis and Nashville so if any one is interested in a one-way lift let me know. I'll be dropping the car off at Atlanta so won't be able to help with the return trip.

Brian

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